

LIFE IN PROGRESS, INC.

Annette R. Smith, MA, LMFT, LPCC
(949) 380-1573

INFORMATION FOR OUR VALUED CLIENTS

We have found that having a framework to operate within helps to avoid misunderstandings that could hurt relationships and hurt progress in our therapeutic work. Please review the following guidelines that may increase the chances of a successful outcome to our work. Please let me know if you feel you're unable to fulfill these guidelines or have any questions.

Sessions and Appointments

A standard session runs 45 to 50 minutes. To ensure efficient use of our time, it is important that you come to each session on time, with any completed homework & thoughts of things you'd like to address in session.

If you need to cancel or reschedule your appointment, please call as soon as you know. If I don't receive notification of the change 24 hours before your scheduled session, I will charge your regular session fee. If you give adequate notice of schedule changes, I am able to reschedule another client in the original time.

If you find that you have to cancel 3 sessions in a row, we should consider if this is a good time for us to continue therapy. For therapy to be effective, it is important that we meet on an agreed upon schedule and stay consistent in our meetings.

Payments and Fees

I collect payment at the beginning of each session. To make this easier for you, I take checks, Venmo or credit cards.

Thank you for your understanding.

NOTICE TO CLIENTS -

The Board of Behavioral Sciences receives and responds to complaints regarding services provided within the scope of practice of marriage and family therapists. You may contact the board online at www.bbs.ca.gov, or by calling (916) 574-7830. My information is as follows:

Annette R. Smith
LMFT #44477, LCP# #117